



Program Fees



Res. / Non-Res.	
5-6 Girls BBall	\$15.00/25.00
5-6 Boys BBall	\$15.00/25.00
3-4 Coed BBall	\$15.00/25.00
5-6 Travel Teams	\$20.00/30.00
Cheering	\$15.00/25.00
Wrestling	\$15.00/25.00
Boot Camp	\$60.00/70.00

K-2 Girls/Boys Basketball

Free!



Are you short of cash? Be sure to inquire about our family CAP program and Sponsor a Child fund!

If you are interested in helping out this season in any capacity, call 794-6548!



Recreation Committee

Nancy Guidod
Beth Enochs
David Hainer
Amanda Gerrish
Hallie Gardner
Linda Brown
Rae Robertson



There are many great things happening with the recreation programs! Remember to check the Lincoln News, the Town of Lincoln website and facebook/TownOfLincolnMaine for exciting programs as well as updated schedules.



Town of Lincoln Recreation Department 2013-14 WINTER PROGRAMS



Register at the Town Office

8 am-5 pm

63 Main Street

Lincoln, Maine 04457

Phone: 207-794-6548

Fax: 207-794-2606

Email: recreation@lincolnmaine.org

Recreation Director: Ron Weatherbee

Town Manager: William Lawrence

www.lincolnmaine.org

Must be registered and paid prior to participation.





WINTER RECREATION SCHEDULE



Check the website/facebook for additional clinics for various sports.

Date	Time	Grades 5-6 Basketball
11/02/13	9-10 am	Girls tryouts @ Mattanawcook Jr. High
11/02/13	10-11 am	Boys tryouts @ Mattanawcook Jr. High
Date	Time	Grades 3-4 Basketball
01/07/14	6-7 pm	Boys tryouts @ Ella P. Burr
01/08/14	6-7 pm	Girls tryouts @ Ella P. Burr
All children trying out will be assigned to a team.		

Boys Basketball

Grades K-2

Instructional and fun
Saturdays in January
10:15-11:00am @ EPB

Girls Basketball

Grades K-2

Instructional and fun
Saturdays in January
9:15-10:00am @ EPB

Wrestling Grades K-5 Starts in January @ MA Cafetorium Date and time TBA

Coaches: Bob Wotton, Bub Hesseltine,
Josh Sutherland, Ryan Tidswell,
T.J. Langerak, and Wyatt Tash.

Bootcamp at Ella P. Burr

with Suzanne Smith

January 21 to April 24

Tuesday, Wednesday, Thursday

5:30-6:30 pm

Rigorous exercise program that incorporates weights and intense cardio.



Forms may be downloaded from
www.lincolmaine.org



Cheering

Grades 2-6

December 10

5:30-6:30pm @ MJH
Cafeteria

Adult Basketball @ MJHS

Starts November 5

8:00-9:00pm

Tuesday & Thursday

“Practice puts brains in your muscles.”

-Sam Snead



Mission Statement: To provide essential and affordable services that will enhance wellness for the community.

